

Our Detailed Timetable September 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
KEY/TEXT COLOUR Blue text – everyone welcome Red text – restrictions apply (ask for details)	HJ – Heart Jewel GP – General Programme FP – Foundation Programme	1 19.00 Heart Jewel	2 19.00 Heart Jewel	3 19.00 Community Meal	4 9.00-11.00 FP 12.00-14.00 FP 19.00 WFJ with TSOG	5 10.00 – 17.00 Open Day
6 19.00 Heart Jewel	7 19.00 Heart Jewel	8 Tara Day 15.00 Tara Puja 19.30 GP with Nick Bramble	9 UK Dharma Celebration at Tara Centre	10 UK Dharma Celebration at Tara Centre	11 UK Dharma Celebration at Tara Centre	12 UK Dharma Celebration at Tara Centre
13 19.00 Heart Jewel	14 19.00 Heart Jewel	15 Precepts Day 6.30 Precepts 19.30 GP with Nick Bramble	16 19.00 Heart Jewel	17 13.00 Lunchtime Meditation 19.00 WFJ with TSOG	18 9.00-11.00 FP 12.00-14.00 FP 19.00 Heart Jewel	19 10.00 – 13.00 Relax & Unwind 19.00 Heart Jewel
20 19.00 Heart Jewel	21 19.00 Heart Jewel	22 19.30 GP with Nick Bramble	23 19.00 Heart Jewel	24 19.00 Stop the week	25 TSOG Day 9.00-11.00 FP 12.00-14.00 FP 19.00 Lama Chopa	26 Day Course Modern Buddhism 10.00 – 17.00 19.00 WFJ with TSOG
27 18.00 Kangso	28 19.00 Heart Jewel	29 Protector Day 19.30 GP with Nick Bramble	30 19.00 Heart Jewel			